

# Red Oak Community School JR/SR High School Breakfast Menu

May  
2021

Fresh Vegetable Choices and Seasonal Fruit  
are Offered Daily on the Fruit & Vegetable Bar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Biscuits & Gravy  Fresh Fruit 1% Milk	<b>4</b> Cheese Omelet  Fresh Fruit 1% Milk	<b>5</b> Blueberry Loaf Cheese Stick Fresh Fruit 1% Milk	<b>6</b> Cinnamon Cream Cheese Filled Bagel  Fresh Fruit 1% Milk	<b>7</b> Hot Ham & Cheese Bagel  Fresh Fruit 1% Milk
<b>10</b> Breakfast Pizza  Fresh Fruit 1% Milk	<b>11</b> French Toast Sticks Syrup  Fresh Fruit 1% Milk	<b>12</b> Mini Donut  Fresh Fruit 1% Milk	<b>13</b> Mini Pancakes  Fresh Fruit 1% Milk	<b>14</b> Blueberry Loaf Cheese Stick  Fresh Fruit 1% Milk
<b>17</b> Sausage Breakfast Biscuit  Fresh Fruit 1% Milk	<b>18</b> Strawberry Cream Cheese Filled Bagel  Fresh Fruit 1% Milk	<b>19</b> Banana Chocolate Loaf Cheese Stick  Fresh Fruit 1% Milk	<b>20</b> Biscuits & Gravy  Fresh Fruit 1% Milk	<b>21</b> Mini Pancakes  Fresh Fruit 1% Milk
<b>24</b> Cheese Omelet  Fresh Fruit 1% Milk	<b>25</b> Mini Donut  Fresh Fruit 1% Milk	<b>26</b> <b>LAST DAY OF SCHOOL!</b>  Breakfast Pizza  Fresh Fruit 1% Milk	<b>27</b>	<b>28</b>
<b>31</b>				<p>Choose <b>MyPlate.gov</b></p>

**PRICES**

Regular PK-12	\$1.80
Reduced	\$0.30
Adult	\$2.10
Milk	\$0.50

**EXTRA INFO**

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.  
 Entrée Salads are served with Dinner Roll  
 For questions or comments, contact Dana at 1-712-623-8351 or email lenschd@roschools.org

**HARVEST OF THE MONTH**



Your **MENUS** plus more information on our app **TaHer Food4Life®**



www.taHer.com